

Raising Confident and Competent Kids:

Fostering Self-Esteem and Resilience

Zoya Popivker, DO Thursday, September 19th, 2024 12:00 PM – 1:00 PM

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Empowering Parents: Setting Limits with Love and Consistency

Scott Falkowitz, DO Thursday, October 24th, 2024 12:00 PM – 1:00 PM

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Beyond the Prescription: A Parent's Guide to Safe Medication Practices

Kevin Qosja, MD/Scott Falkowitz, DO Thursday, November 21st, 2024 12:00 PM - 1:00 PM

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The Power of Belonging: Helping Kids Thrive in Social Settings

Anne Van der Veer Thursday, December 12th, 2024 12:00 PM – 1:00 PM

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Striking a Balance: Healthy Screen Habits in the Digital Age

Thursday, January 9th, 2025 12:00 PM – 1:00 PM

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Thursday, February 13th, 2025 12:00 PM – 1:00 PM

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Thursday, March 13th, 2025 12:00 PM – 1:00 PM Click here or scan the QR Code



Sleep Well, Learn Well: Healthy Sleep Habits for Children and Teens

Thursday, April 10th, 2025 12:00 PM - 1:00 PM

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Thursday, May 8^{th,} 2025 12:00 PM - 1:00 PM

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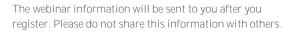


Life After High School
OPWDD, OMH, PRE-ETS, ACCES

Thursday, June 5th, 2025 12:00 PM - 1:00 PM

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Yes. Registration is required for this webinar. Please use the link or QR code to complete registration.

Due to the interactivity that we encourage during these lunch and learn sessions, to protect our participants privacy, we do not record these sessions. For recorded sessions, please visit our YouTube channel here.